

OVERVIEW

In collaboration with the Royal National Lifeboat Institution (RNLI), Lymington Sea Water Baths offers an engaging, practical water safety experience for school groups. Designed for school-aged children, this program delivers essential water safety knowledge through practical sessions that emphasise awareness, safe practice, and fun.

VENUE

Sessions take place at Lymington Sea Water Baths, a large, unheated saltwater pool that provides an ideal setting for learning water safety. You can combine these educational sessions with a visit to our inflatable obstacle course, making it both an enjoyable and educational school trip.



SESSION DETAILS: PRACTICAL WATER SAFETY + INFLATABLES

Each session includes:

- A 30-minute water safety training session, led by RNLI-trained staff.
- Inflatable obstacle course for the remainder of the time.
- Minimum booking of 20 participants, for a duration of at least 1 hour.
- Cost: £10 per person, per hour.

Example: A 2-hour session would include 30 minutes dedicated to water safety, followed by 1 hour and 30 minutes on the inflatables.

WATER SAFETY CONTENT

During the water safety segment, students will learn key RNLI messages on topics such as:

- Recognising cold water shock
- Understanding rip currents
- Learning the "Float to Live" technique
- How to enjoy the water safely

LYMINGTON LIFEBOAT STATION TOUR (optional)

To enhance the experience, we can arrange for a tour of the Lymington RNLI Lifeboat Station, either before or after your water safety session. Please let us know your preference at the time of booking, and we will confirm availability with the RNLI team.



AVAILABILITY

Sessions are available during term time, with start times between 9:00 AM and 3:00 PM.

HOW TO BOOK

For enquiries and bookings, please contact us at info@lymingtonseawaterbaths.org.uk with:

- Preferred date(s) and session duration
- Estimated number and age range of participants
- Contact phone number

We will confirm availability and assist with your booking.

ADDITIONAL INFORMATION

To book a trip to the Baths without a water safety session, visit www.lymingtonseawaterbaths.org.uk for session availability or contact info@lymingtonseawaterbaths.org.uk for specific private hire requests.

On-site drinks, snacks, hot food, and ice creams are available at our kiosk, and catering can be arranged in advance. If you would like to be sent our catering menu, please request this when booking.

